



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510

5.1.5 Awareness Programs Creating awareness

Awareness Programs A.Y 2021 – 2022

SNO	List of Programs
1	Awareness Programme on “Fear Management and Confidence Building”
2	Awareness Programme on “SELF GROWTH ON HUMAN VALUES”
3	Awareness Programme on “SUCCESS A DESTINATION”
4	Student Presentations Programme on Gender equality
5	Awareness Programme on “Skill Development Program organized BY BYTE XL”




PRINCIPAL
Sri Indu College of Engineering and Technology
(VIII)-SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510

Awareness Programme on “FEAR MANAGEMENT AND CONFIDENCE BUILDING ”

Intension of this program conducting by English , H& S dept , SICET is to create Awareness in students for FEAR MANAGEMENT AND CONFIDENCE BUILDING IN THE SOCIETY

Fear management is an essential skill for success that nobody talks about, but every professional needs to master.

A positive attitude is a powerful antidote to fear. Make time in your day for gratitude and mindfulness. Visualize success, and write down your goals. And practise positive self-talk, also called positive affirmations.

- Realize It's Not All About You. A client once told me that, for years, she would agonize every time she rambled in a meeting or misspoke on a conference call. ...
- See Things as They Truly Are. ...
- Humanize Your Boss. ...
- Be Irreplaceable. ...
- Create a Professional Identity.

Confidence equals security equals positive emotion equals better performance insecurity plagues consciously or subconsciously every human being I've met.” Overcoming this self-doubt starts with honestly assessing your abilities (and your shortcomings) and then getting comfortable enough to capitalize on (and correct) them, how to do that and get into the virtuous cycle.

Positive thinking, practice, training, knowledge and talking to other people are all useful ways to help improve or boost your confidence levels. Confidence comes from feelings of well-being, acceptance of your body and mind (your self-esteem) and belief in your own ability, skills and experience.

- Look at what you've already achieved. It's easy to lose confidence if you believe you haven't achieved anything. ...
- Think of things you're good at. Everyone has strengths and talents. ...
- Set some goals. ...
- Talk yourself up. ...
- Get a hobby.



Subh
PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510



gosh
PRINCIPAL
Sri Indu College of Engineering and Technology
(VIR): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510



Sush
PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R. Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510

Awareness Programme on “SELF GROWTH ON HUMAN VALUES”

Intension of this program conducting by English , H& S dept , SICET is to create Awareness in students for “**SELF GROWTH ON HUMAN VALUES**”

Self-growth, also known as “personal growth,” is a process of developing new skills, behaviors, actions, attitudes, habits and reactions to benefit certain aspects of your life. Self-growth might be something you want to work on concerning your career, personal life or both.

The most successful business people and medical professionals out there, however, never stop learning, and I don't just mean continuing education or studying for boards. Self-improvement and personal growth are an important, and highly valuable, part of your career and life in general. Some examples of self-growth may include: Learning to control your emotions. Developing a growth mindset. Learning resilience.

TIPS FOR PERSONAL DEVELOPMENT TO ACHIEVE YOUR GOALS

- Learn visualisation techniques.
- Avoid negative thoughts.
- Meditate.
- Be resilient.
- Only compete against yourself.
- Set small challenges.
- Be persistent.
- Celebrate victories.

Growth in yourself eventually leads you to new opportunities, opportunities that don't come about until you grow into the person who is ready for them. All you have to do is focus on self-improvement—start by reading personal development articles, books, blogs—and implement the things you learn into your own life.

Your personal growth is caused by change — big life events, struggles, new relationships, and spiritual enlightenment. It can happen by accident through forces outside your control.

Personal development skills are personal attributes, personality traits, inherent social cues and communication abilities. Developing these skills involves the process of self-improvement, which focuses on strengthening your knowledge, capabilities, and self-awareness to reach your personal goals.



Sush
PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.



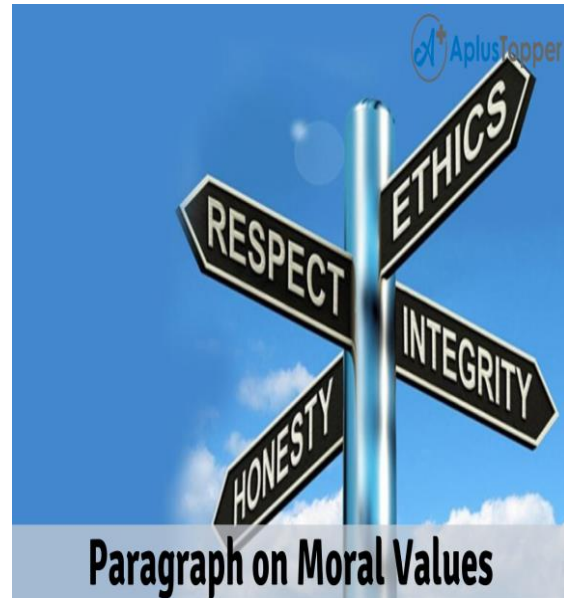
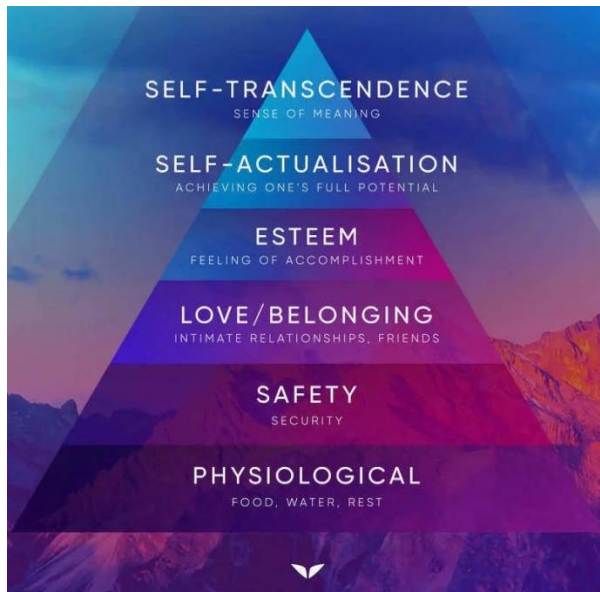
SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510



Sudhar
PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510



Sush
PRINCIPAL
Sri Indu College of Engineering and Technology
(VII): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510

Awareness Programme on “SUCCESS A DESTINATION”

Intension of this program conducting by English , H& S dept , SICET is to create Awareness in students for “**SUCCESS A DESTINATION**”.

As a starting point, it's helpful to know that success is typically defined as reaching a goal or accomplishing something you've set out to achieve. It provides a source of motivation for people to change their lives and values.

“Success is a journey, not a destination. The doing is often more important than the outcome.” Focusing on the journey also shines a light on what else you get out of trying to reach your goals.

The success journey is the process of working through each step to arrive at the next one, with each step motivating and inspiring you to press on without fail.

The hours, days, weeks, months, and years you invest working on “your thing” is where you'll find real success. It's in the knowledge you gain, the mistakes you learn from, and the challenges you overcome. In a word, EXPERIENCE is the real success.

In his typically candid style, Richard St. John reminds us that success is not a one-way street, but a constant journey. He uses the story of his business' rise and fall to illustrate a valuable lesson - when we stop trying, we fail.

"Success consists of going from failure to failure without loss of enthusiasm." "The secret of your success is determined by your daily agenda." "However difficult life may seem, there is always something you can do and succeed at." "Your positive action combined with positive thinking results in success."

In the general sense, success is the accomplishment of a set goal. There are some implications of this definition. The first implication is that you achieve success whenever you are able to translate a set goal to reality. Another implication of this definition is that success necessarily entails accomplishment.

- Planning. You'll create a full plan for your business or a new initiative. ...
- Goal Setting. You'll define and refine the goals you want to accomplish in order to get to where you want to go. ...
- Research. ...
- Action. ...
- Scaling.




PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510



Sush
PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R. Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510



Subh
PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.



SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510

STUDENT PRESENTATIONS PROGRAMME ON GENDER EQUALITY

Intension of this program conducting by English, H& S dept, SICET is to create Awareness in students for **“GENDER EQUALITY”**

Girls are denied schooling, a childhood, dreams, an identity just because they are girls. Join the generation that is working to make the world *equal* and violence-free. Become An E-Volunteer. Be A Part of Team Change. Breakthrough.

Conducted program which is attended by 100 students with chief guest and Principal, HOD's of various departments became success and gave lot of awareness to students. 25 students gave their paper presentations on various issues of gender equality.



Soob
PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R. Dist.



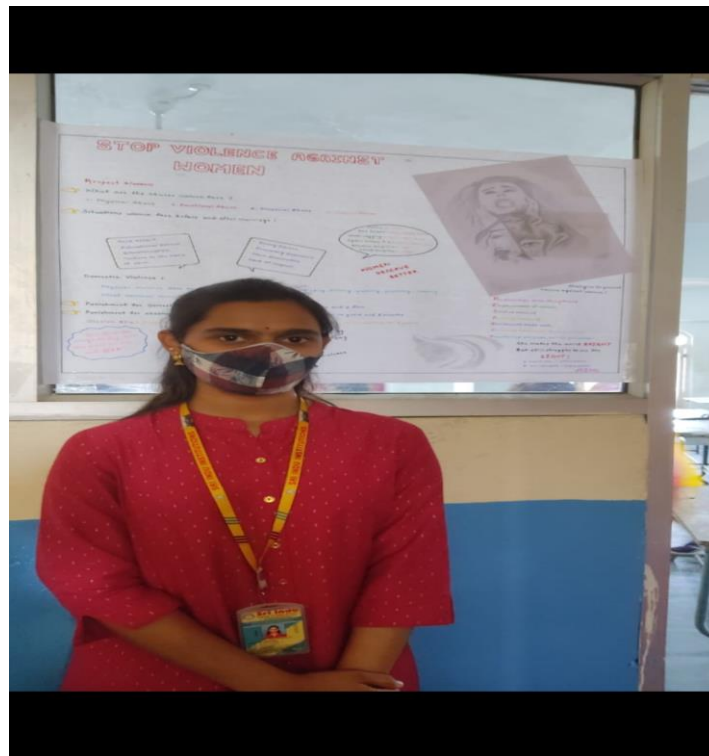
SRI INDU COLLEGE OF ENGINEERING & TECHNOLOGY

(an Autonomous Institution under UGC, New Delhi)

Recognized under 2(f) & 12(B) of UGC Act 1956

Permanently Affiliated to JNTUH, Accredited by NAAC & NBA

Sheriguda(V), Ibrahimpatnam(M), Ranga Reddy Dist. – 501 510



Subh
PRINCIPAL
Sri Indu College of Engineering and Technology
(V): SHERIGUDA-501 510,
Ibrahimpatnam(M), R.R.Dist.